



GAIL B., 70

Former Nurse, Educator, Scientist

“When my doctor asks if I would do it all over again, of course I say, absolutely, in a minute. **I have had no restrictions. I’m pain free. Why wouldn’t I?**”

Her more than 50 years in healthcare could not prevent Gail’s great toe from deteriorating, but it did give her the knowledge that joint fusion was her only option. She resisted that surgery though, due to the loss of joint movement that comes with fusion. Eventually Gail realized she had to take action or she would be sedentary the rest of her life.

“I had the CARTIVA[®] implant surgery and did all the recommended physical therapy, and **within 6 months I could do virtually anything I wanted.** I was able to resume all of the activities from before I had any symptoms. My husband and I now take an annual trip to the south of France. We can hike on all kinds of uneven ground, and I’m truly glad not to be left behind. And back home I’m golfing, hiking, playing tennis again. I’m doing yoga. **I have had no restrictions.**”

The results reported by this patient may not be typical and cannot be predictive of other patient outcomes. Individual results and activity levels after surgery vary and depend on many factors including age, weight, severity of disease, and prior activity level. Visit Cartiva.net for more information.